

Experience the SPESA SBALLATA



**BE PART OF THE CHANGE!
IT IS POSSIBLE TO
REDUCE SINGLE-USE
PLASTIC!**

In the shops, bars and restaurants of the Spesa Sballata network, you can buy fresh food and be served take-away food directly in your reusable containers.



**Read the Co-Responsibility Agreement
and the Health and Hygiene Guidelines.
Find out all the shops of the network.**

**Food purchases with reusable containers is possible
thanks to the Italian law n. 141 of 12.12.2019, Decreto
Clima.**

**SPESA SBALLATA is a waste prevention project promoted in 2023
by Cooperativa Totem, Scuola Agraria del Parco di Monza, Provincia
di Varese – Osservatorio Provinciale Rifiuti, in collaboration with
ATS Insubria, Aroundrs srl, Local councils of Angera, Gornate O.,
Ispra, Lavena Ponte Tresa, Laveno M., Luino, Malnate, Sesto Calende,
Valganna, Varese, Vedano O., Convenzione Intercomunale di Sesto C,
A21 Laghi, Confcommercio Uniascom, Faita Lombardia, Legambiente
Lombardia and the technical partner ARS ambiente srl.**

Spesa Sballata's promoters



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OLONA

Varese Sostenibile SPESA SBALLATA

REMEMBER THESE THREE STEPS

For questions about how the Spesa Sballata works, ask the shops staff or write to: ambiente@cooptotem.it

Find out all the Spesa Sballata places where you can make “unwrapped purchases”:
varesesostenibile.it/spesa-sballata

WHY TRY THE SPESA SBALLATA?

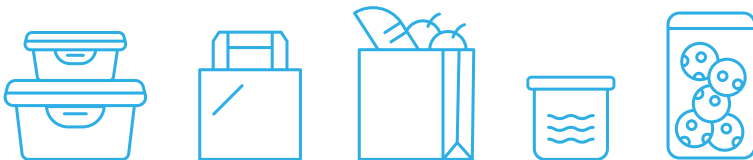
With the Spesa Sballata (literally: “unwrapped purchases”), you reduce disposable packaging by using reusable containers: when you get home, at the camping or in your guesthouse, you just need to put them in the fridge without having to unwrap everything and produce so much waste.

You only need to remember to bring them with you when you go out for food shopping or take-away. You can also use them for a picnic or a quick snack.

HOW DOES IT WORK?

→ Carefully wash and dry your own containers or the ones provided by the camping or accommodation you are staying at.

→ If the shop provides hand sanitiser gel, you can avoid using disposable gloves when buying loose products.



WHICH CONTAINERS?

You can use any reusable container as long as it is safe for food contact, it has a lid and its dimension is suitable to your needs. It should be preferably transparent. You can use cotton bags for bread and mesh bags for fruit and vegetable.

The shops have updated HACCP rules that are suitable for selling and serving food in reusable containers. In compliance with these rules, the staff is required to make a visual check of the container and to refuse any container that does not comply with the necessary hygiene conditions.

Spesa Sballata is practical and environmental-friendly!



Scan the QR code to read the Co-Responsibility Agreement, which you subscribe by making your first purchase.



01 WHERE

→ The Spesa Sballata can be done in any shop that is part of the network. Look for the sticker on their window! You can also check the map on varesesostenibile.it/spesa-sballata.

02 DO YOUR PART

→ Carefully wash and dry your containers before every purchase.

→ Choose the size of your containers according to the quantity you need.

03 SHARE

→ Encourage family and friends to experience the Spesa Sballata!

→ Help us spread the Spesa Sballata in other shops asking them to buy products in your reusable containers.